



Conducts

A one day workshop for all Managers

MINDFUL LEADERSHIP to Achieve Key results

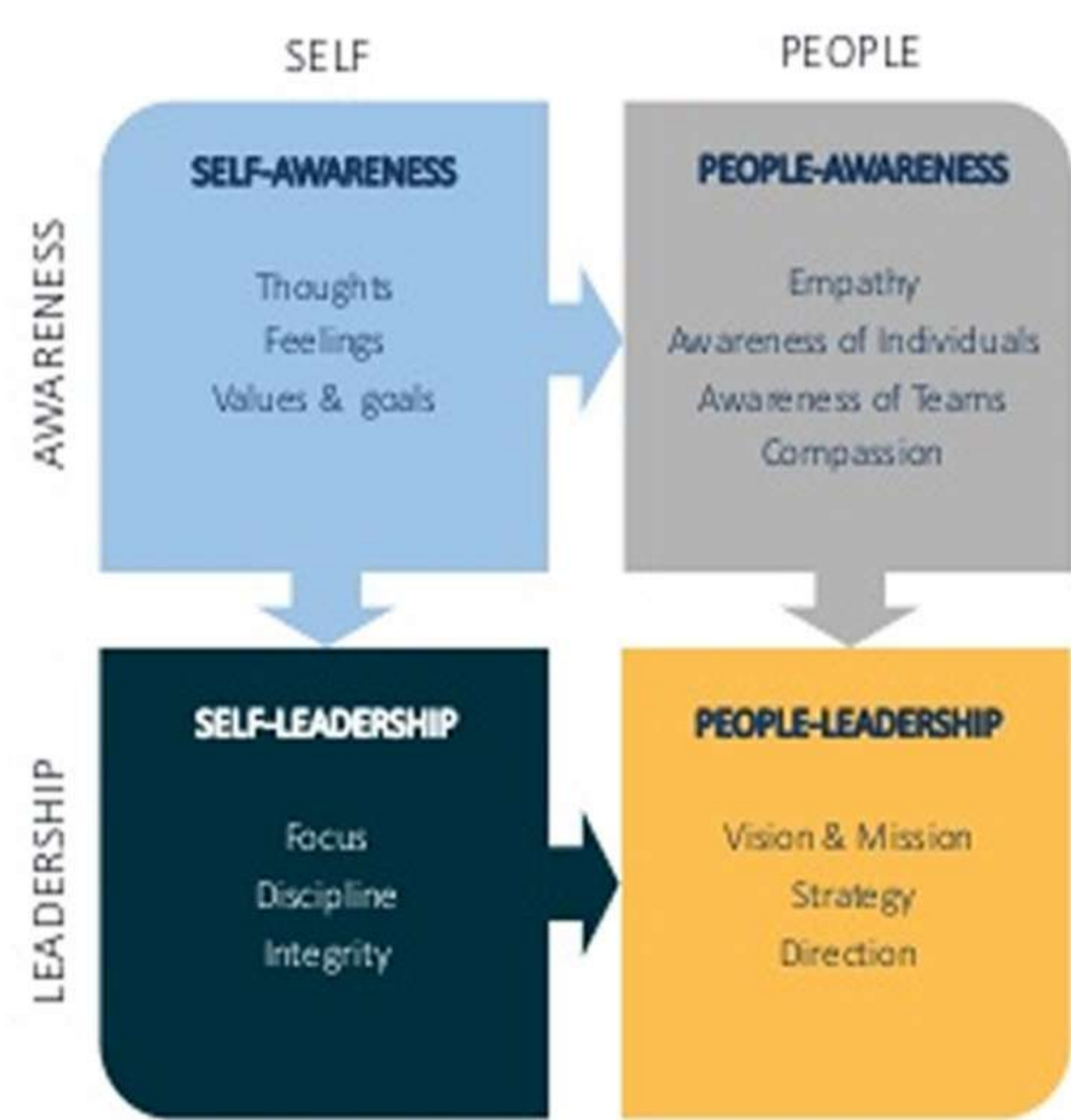
FREE MINDFUL TOOL KIT WORTH 10 K

DELIVERY TOOLS :

- a. Psychometric caselet
- b. Role play Activity
- c. In tray exercise
- d. Video documentaries
- e. Management Games
- f. Case study & Discussion

OBJECTIVE :

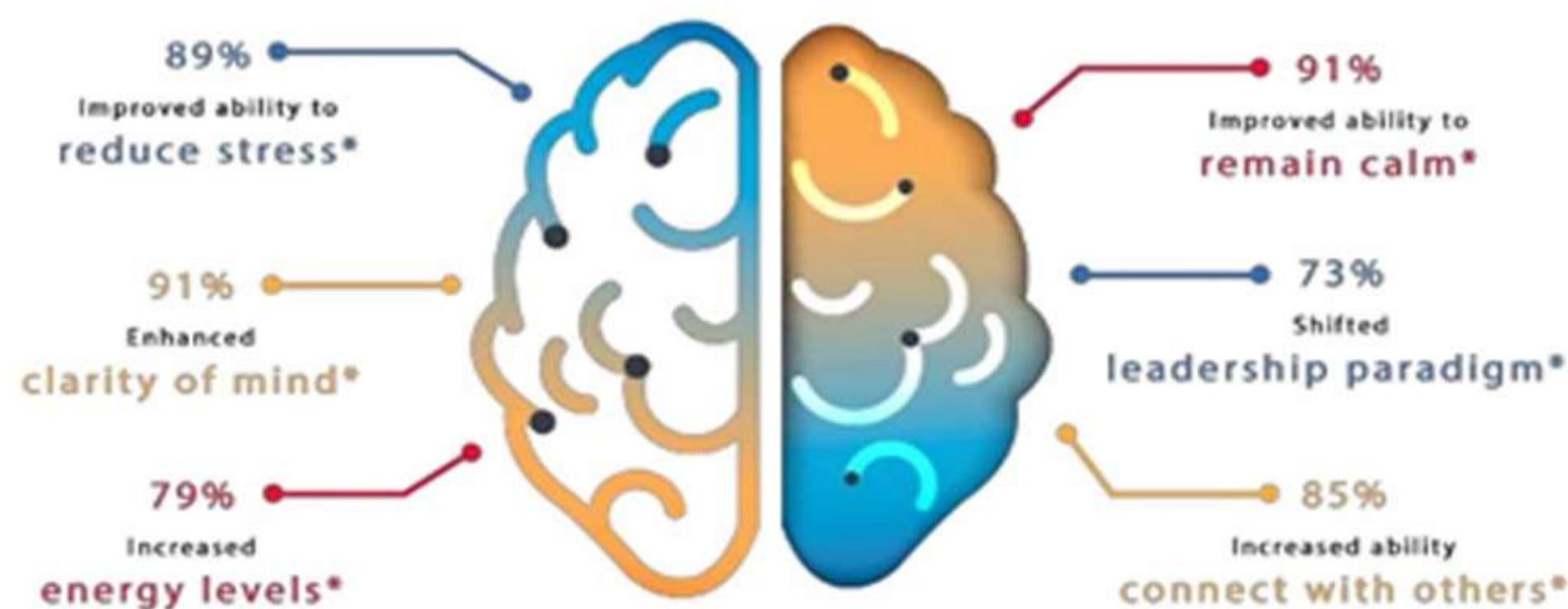
A holistic program with all tools to develop mindful leadership, employees and culture



CONTENTS :

- What is mindfulness
- Mindful leadership model
- Lead by Example
- Mindful performance enhancement
- Mindless busyness to mindful business
- Mental and Energy strategies
- Leadership Journey and quadrant
- Work life balance
- Managing up and managing down
- Managing change with emotional balance
- Elon Musk 1st principle method case study
- Power, Policies and politics
- Motivation and Accountability
- Clarity compassion and creativity
- Empowering thoughtful desions
- Mind and body synchronization

The Benefits



PROFILE OF International Trainer P.S.VASUDEVAN as Vaz

P.S.Vasudevan as vaz is an International Corporate trainer and Business analyst for two decades. He has a couple of post graduations and an M. Phil apart from may other degrees and certifications and specialize in the following areas with a penchant for PSYCHOLOGY, IT, TECHNOLOGY & BUSINESS ADMINISTRATION. A Master Trainer, NLP &certified International Leadership Life Coach, Certified Dale Carnegie Trainer and certified Psychometrist et al.

He has delivered training programs in NEPAL, DUBAI, SOUTH AFRICA and SINGAPORE. He has also delivered inland programs for L&T , SONY, TITAN, RANE GROUP, Godrej, Lucas Group, Mitsubishi, SBI, Toshiba, Asian paints, Apollo tyres, Daimler, and for 100 other corporate giants. He also regularly shares his knowledge in the Judicial Academy and other professional bodies including BSchools.

TRAINING PROGRAMME FEE :

Rs. 5000/-per participant + 18% GST.

GSTIN : 33AFKPG7543M1Z5 SAC CODE : 999293 (Commercial Training and Coaching Services)

It Covers course Material, grand buffet Non veg. Lunch & refreshment

Cheque / DD drawn in favour of "Maxwell Centre for Industrial Training and Development".

Date and Time:

19th February 2019

Tuesday

9 am - 5 pm



Venue:

Hyatt Regency
Anna Salai, Teynampet,
Chennai - 600018

For registration contact:

U. Mahalakshmi, Training Coordinator

New no.12, Old no. 35, V.P. Akilan Street, M.G.R. Nagar, Chennai-78.

Phone: 044-42616430 | 044-4203 3075, Cell: 09841985114 / 6

E-mail: admin@maxwellacademy.com | training@maxwellacademy.com

Website: www.maxwellacademy.com

Connect with Us on Social Media

